



A relaxed time of curating images that represent you as a family!

We will nail down a few of your core values as a family, and aim to honor those in our images. In practical terms, that means that every family's session will be unique, because different activities will be important to you. One family goes crazy watching sports, while another values cooking or baking together. One family might love gardening together, while another enjoys time spent with their pets.

It can be as simple as snuggling on the couch with a book, or playing board games while sipping hot chocolate. You could pull out a few canvases or paint a bedroom if you are of the renovations-type! Whatever your family enjoys doing together - we want to showcase a snippet of that.

Your lifestyle session is a snapshot into your life right now and it should answer the question: "If I look back to this time 10 years from now, what do I want to remember? What memories do I hope my family will carry with them?"



## That sounds like a lot of work... ?!



Not at all! All it takes is a little bit of planning and preparation, and then you go right on living your life as usual! This is not your typical sit, smile at the camera and be-told-what-to-do session. You don't have to worry about kids behaving perfectly or smiling at the camera. You get to be 100% yourself!

Once we are all on the same page about what we are doing, the *how* is easy. You do your family activity, and I will make sure to capture the moments. While I may make occasional suggestions for an angle change or an interaction, my role is more of an observer and I want to document your family as naturally as possible. You will be amazed how many wonderful, intimate images we can capture when you just go right on doing your own thing.

Of course, I will provide direction to keep things flowing smoothly, but the key is to relax and go with the flow!

## How do I prepare for this type of session?

First off, sit down with your people and discuss the things you would love to showcase about your family. If you are all about jammies & pancakes on a weekend, don't be scared to include that!

You can always do a quick clothing change. Think outside the box! Add your own unique twist to the mix.

Pick 3-5 activities/ideas, then we will discuss them and narrow down our action plan telephonically.

This is not supposed to stress you out! Don't worry about the house being pristine either! You will be shocked what we can accomplish with good angles & if we need to shove something out of a shot - so be it!



- cook / bake
- garden
- play with pets
- sports fans antics
- board games
- snuggle in pajamas
- read books together
- build puzzles or Lego
- build a bonfire & roast marshmallows
- decorate the house
- decorate cookies
- paint
- play with play doh
- do paper crafts
- build model train sets
- go for walks around the neighborhood
- watch tv shows
- do home improvement projects
- sing and/or dance
- play instruments
- play charades
- little ones do parents' hair/makeup

Pricipy AND TECHNICALITIES



Snapshot package {not-so-mini mini session}

45 minutes in-home we will keep things moving, but not rush

Moment package {enough to fill a boo

up to 2 hours enough to capture plenty changes of scenery & ac

\$225 includes all best quality images (expect around 30)

\$485 includes all best qu images (expect around 7

As you can see, you receive a lot more images with a lifestyle session! I purposefully chose to showcase images from just ONE session in this guide so that you can get a sense of the variety achievable. We can surely grab a few "smile for the camera" pictures if you wish, but this style shows so much more of your family & you don't want to miss any of it!

	A-day-in-the-life
ok}	{capture it all}
y ctivities	we hang out for up to 4 hours enough time for longer activities wonderful option to include extended family
uality 70)	\$650 includes all best quality images (expect around 120)



